

CURRICULUM MAP

PSHE						
Aristotle	Plan A		Plan B		Plan C	
Autumn Theme: All about me/People and Festivals	Health and wellbeing All about me/raising self esteem/ emotions	Health and wellbeing All about me/raising self esteem/ Emotion wellbeing Anti bullying Road safety week	Living in the wider world Shared responsibilities- laws , rights.	Health and wellbeing Personal safety - staying safe online and offline	Health and wellbeing Puberty and sexual health	Health and wellbeing Health related decisions - Sleep, diet exercise
Spring Theme: New beginnings/Food glorious food	Health and wellbeing Think positive	Health and wellbeing Ourselves, growing and changing - sexual health, consent, puberty	Living in the wider world Media literacy & digital resilience	Living in the wider world Economic well being: Money	Relationships Respecting self and others	Relationships Friendships
Summer Theme: The environment/ journeys and transport	Relationships Families and close positive relationships	Relationships Managing hurtful behaviour and bullying	Relationships Bullying abuse and discrimination	Health and wellbeing Shared responsibilities	Health and wellbeing Drugs, alcohol and tobacco	Living in the wider world Economic well being: Aspirations, work and career
Socrates	Plan A		Plan B		Plan C	
Autumn Theme: All about me/People and Festivals	Social media	Social media Alcohol Anti bullying Black history month	Careers	Respectful relationships		

PSHE						
Spring Theme: New beginnings/Food glorious food	Tobacco and drugs LGBTQ+ month	Living in Modern Britain	Families and parenting	Emotional wellbeing		
Summer Theme: The environment/ journeys and transport	Financial choices	RSE - Sexual health Module / awareness of relationships / abuse Portfolio/catchup PRIDE	Keeping safe and healthy	Portfolio/catchup/ Social media		